

Shipping Instructions

Shipping

You will have a pre-paid Royal Mail 1st class Label included in your kit. Please place the label on the outside of your shipping box, and either place in a Post box or take to a Crown Post Office or Royal mail Post Office. The shipping address is direct to the analysing lab at:

Medical Diagnosis Regenerus) Laboratories
Unit 12 Central Business Centre
Iron Bridge Close
Great Central Way
London
NW10 0UR

**DO NOT RETURN TO REGENERUS
LABS REDHILL, SURREY.**

Blood test Instructions

regenerus labs



ENCLOSED: CHECK THE BELOW CONTENTS

**PLEASE NOTE THIS IS A FASTING TEST –
MINIMUM OF 12 HOURS**

Keep the box provided to return your sample in.

BLOOD DRAW SHOULD ONLY BE BOOKED FOR MONDAY –
THURSDAY MORNINGS

	BP006/7/8/9/11/13/15/16
	Gold Top SST 2xTube
	Grey Top Tube
	Purple Top EDTA Tube
	Light Blue Citrate Tube
	Small Aliquot Tube
	Return Shipping Label
	Return Box

Patient Information

When?: Book your blood to be drawn and collected Monday to Thursday only ensuring the next day is not a bank holiday or weekend in the UK.

Preparation

- For all panels, fast for 12 hours before your blood test
- Do not stop any medications or supplements without checking with your health care professional beforehand.

Where? You can choose any location you like to collect your blood, but some may NOT have a centrifuge (see blood draw requirements opposite) on site. For partner sites that can help visit www.regeneruslabs.com.

See shipping instructions overleaf

Blood Draw

Please follow draw instructions below and invert each tube 8-10 times after completion of draw.

Ensure each vial is labelled with the patient name, date of birth and date of collection. Failure to label the vials correctly may result in a sample rejection.

- For all panels (BP006/7/8/9/11/13/15/16) draw 1 x Light Blue, then 2 x Gold Top SST tubes, then 1 x Purple, then 1 x Grey Top.

For Gold SST samples, stand for 15 minutes, centrifuge until serum sample is separated. (10 Min Swing Arm or 15 Min Fixed – type of centrifuge). For one Gold Top tube only remove the serum and pour off into the Aliquot tube.

- Sign and date requisition form

Packing

- Place all completed and labelled tubes into hazard bag and seal.
- Place bag into return shipping box with completed paperwork.
- Seal with security strip.
- This specimen is ready for shipping and must be dispatched same day.

For assistance call 0203 750 0870

Phlebotomist Instruction